

BEST PRACTICES FOR COVID-19 AT PRIME TIME

In Response to Public Health Direction, Prime Time will Take These Steps:

- Screen employees and children daily for fever, cough, and shortness of breath
- Send sick employees and children home
- Ensure frequent hand washing by everyone
- Allow high risk employees to stay home (people over 60, pregnant people, medical conditions)
- Regularly clean and disinfect frequently touched surfaces (doorknobs, toys, etc.)
- Require all adults wear a face mask when entering building and children will wear them when unable to social distance
- Separate children into smaller “pods” to minimize contact and make tracking more efficient

The most common symptoms of Covid-19 are fever, cough, and shortness of breath. Most people will have mild disease, but some people will get sicker and may need to be hospitalized.

Prime Time Child Care During the Covid-19 Outbreak

Many parents continue to need childcare for young children and school-age children. The governor closed all Washington schools to prevent Covid-19 from spreading. Parents who are able to keep their children home should do so, but this is not always possible. Prime Time will be doing all it can to reduce the risk of spreading the Covid-19. The following guidance will help Prime Time maintain health, safety standards, and social distancing orders.

Drop-Off and Pick-up

- Families should take turns with drop-off and pick-ups. One guardian only comes in to sign child in
- We suggest the families have the same guardian drop off and pick up each day if possible
- Wash hands or use hand sanitizer before and after signing in and out

- A pen from the sanitized container should be used to sign-in and then put it in the used pen container

Health Screening Upon Entering Prime Time

- Upon entering the center, Prime Time Staff will take their own temperature and record it on the daily temperature log. Signs of being sick will be checked
- Upon entering the center, a staff member will take the child's temperature and record it on the daily temperature log, and check for signs of being sick

The Guardian will be asked if the Child Has Any of the Following Since the Last Time They Were at Prime Time:

- A fever of 100.4F or higher or a sense of having a fever
- A cough that you cannot connect to another health problem
- Shortness of breath that you cannot connect to another health problem
- A sore throat that you cannot connect to another health problem
- Muscle aches that you cannot connect to another health problem or to another activity such as physical activity
- Does anyone in your household have any of the above signs right now
- Has your child been close to anyone suspected or confirmed who has Covid-19
- Has your child had any medication to reduce a fever before coming to care

Childcare rules still do not allow providers to care for children who have other signs of being sick such as diarrhea or vomiting.

Cloth Face Covering

CDC issued recommendations that wearing homemade cloth face coverings may help prevent the spread of Covid-19 in our community. Prime Time staff members and children will wear cloth face coverings within the center when not able to social distance.

- Cloth face covering may reduce the risk of someone who is infected but is not showing signs from spreading the disease to others
- All social distancing guidance for childcare facilities must still be followed, even if wearing cloth face coverings

- When wearing cloth face coverings, keep hands away from the face and do not touch them. Closely watch the children wearing cloth face coverings at all times
- Cloth face coverings should be washed and dried between uses
- Face coverings are not for anyone who cannot take it off themselves
- Students will be given a cotton bandanna to use as a face covering when entering Prime Time. These will be collected prior to the student leaving and laundered daily. Students may bring a face mask from home.

Social Distancing During Prime Time Hours

Prime Time's group sizes will not exceed the DCYF recommended amount. Groups will be combined at opening and closing while practicing social distancing and wearing face coverings. When groups are formed, they will stay with their group and the same staff throughout the day.

If 2 groups are in the same room, we will put up barriers to divide that room into 2 areas. Cones, chairs, tables will be used to create a barrier to enable us to maintain a safe distance between the 2 groups.

Ways Prime Time Will Maintain Social Distancing

- Limit the number of children in each program space
- Increase the space between children during table work
- Plan activities that do not need close physical contact
- Limit item sharing. If children share items remind them not to touch their faces and wash hands after using these items
- Remove any items that cannot be easily cleaned and disinfected, including sensory table, and play dough
- Maintain 6 feet of distance and reduce time standing in line
- Go outside more and open windows and doors

Outside Play

Prime Time will be offering outside play in staggered shifts. We will be using the parking lot as well as our playground. We will provide balls and jump ropes for each group. We will wash hands before and after outdoor play time.

What to Do If Children, Staff or Guardians Develop Signs of COVID-19

If a Prime Time child or staff develops signs of Covid-19, such as a fever of 100.4 or higher, cough, or shortness of breath while at the facility, that person will be placed in a room away from others until they can leave. The person with the symptoms should follow DOH guidance for what to do if you have symptoms for Covid-19 and have been around anyone who has been diagnosed with Covid-19. If signs persist or get worse, call a health care provider for more guidance. Tell the employee or child's guardian to inform the facility right away if the person has been diagnosed with Covid-19.

If a child or Prime Time staff tests positive for Covid-19, all members of the infected person's group, should self-quarantine for 14 days. Families of children in the group of the infected person will be notified and kept informed of the test results. Confidentiality will be honored and no names will be shared.

Returning to Prime Time After Suspected Signs of Covid-19

Staff member or child who has signs of suspected or confirmed Covid-19 can return to the childcare facility when:

- At least 3 days (72 hours) have passed since recovery—defined as no fever without the use of medications and improvement in respiratory signs like cough and shortness of breath
- At least 7 days have passed since signs first showed up

If someone at Prime Time believes they have had close contact to someone with Covid-19, but they are not sick, they should watch their health signs of fever, cough, and shortness of breath during the 14 days after the last day they were in close contact with the sick person. They should not go to work, childcare, school, or public places for 14 days

Cleaning and Disinfecting Procedures

Cleaning, sanitizing, and disinfecting will be increased and done several times during the day. Hands-on materials will be cleaned and sanitized after each use. If these items cannot be properly cleaned at a certain time, they will be put aside, away from the children, and cleaned and sanitized prior to the next use. Items that are not easily cleaned will not be available. Children book and other paper-based materials are not high risk for spreading the virus.

Carpets

Prime Time staff will vacuum the carpets daily when the children are not present. Carpets will be cleaned prior to the start of the school year, also during winter break, and spring break.

Ventilation

Ventilation is important at Prime Time in order to have good indoor air quality. We will be offering more outside time during the day. The windows and doors will be open to offer more fresh air flowing through the building.